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LOCAL

Judith Burdick: Difference Maker In The Community

March 25, 2013 4:18 AM

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Judith Burdick – (Credit/“Transforming Loss”)

BINGHAM FARMS (WWJ)- Can a crushing grief be the catalyst to change a life for the better? “Yes” says psychotherapist and filmmaker [Judith Burdick](#) of Bingham Farms – her movie ‘*Transforming Loss*’ focuses on people who have experienced terrible loss.

She speaks from experience having lost her husband not long after starting a family.

“I was widowed at the age of 31 – I lost

my husband then in a scuba diving accident and I was left with two small children to raise,” she said.

She went back to school to become a psychotherapist specializing in grief and loss. The movie features six families. She knows many people suffer in silence and never share their grief – the movie is a way to touch more people.



Judith Burdick

“So I’m trying to reach as many people as I possibly can with this film and I think film is just such a powerful medium,” said Burdick.

Burdick says she is always amazed at how strong the human spirit is: “We really don’t know what we are made of until we are tested. Anybody, anybody is capable of transformation if they believe it’s an option.

Click on the link for more [information](#) or to view the trailer for ‘*Transforming Loss*’ .

Do you know someone in your community that has made a difference to benefit others? WWJ Newsradio 950 is seeking out individuals who are making a difference, big or small - people who have inspired positive change and those who have made an impact in the community.

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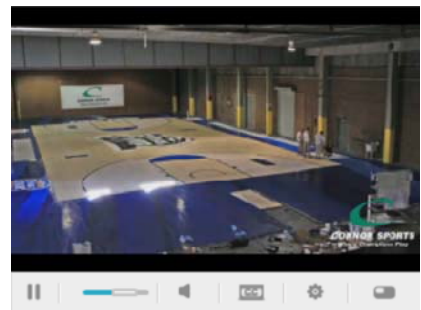
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Each month, WWJ will honor a person as the **Difference Maker in the Community**. This person will be highlighted on-air and on cbsdetroit.com for their positive contributions. All monthly Difference Makers will be invited to join at a special luncheon in the spring of 2013 to recognize the positive contributions.

[Click here to nominate someone you know.](#)

WWJ Newsradio 950 Difference Maker in the Community program



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