



Judith Burdick, M.A., L.L.P
Psychotherapist, Documentary Filmmaker
Writer, Producer and Director of
“Transforming Loss”

Judith Burdick, of Bloomfield, Michigan, is a highly-regarded licensed psychotherapist. Her practice is dedicated to individuals with a wide range of emotional and psychological issues and focuses on providing individual and group therapy grief support.

A grief survivor herself, Burdick began her journey in understanding grief and loss when, at age 31, with two small children, her husband of 10 years was killed in a scuba diving accident. She found herself alone, entirely overwhelmed and unprepared for what her life, and their lives, had suddenly become.

In 1991, living thousands of miles away from family and friends she knew one thing: she needed to find a way to get through this tragic loss. She searched for what meager help was available then, though none of it focused on the impact of such grief on young survivors like her. So began her quest for healing, both for herself and her children. Her journey ultimately brought her back home to Michigan, where she re-enrolled at the University of Michigan, Ann Arbor, earning her bachelor’s degree in psychology and then her master’s in Clinical Psychology at The Center for Humanistic Studies in Detroit.

Her film, “Transforming Loss” provides an authentic view of the transformation of six families who experienced heart-wrenching human loss and suffering. It then takes the viewer through the incredible transformation process of healing and embracing life once again.

“Transforming Loss” will not only provide support and inspiration for people struggling with the loss of a loved one but will be a practical healing tool for therapists, clergy, funeral directors, hospice workers, medical practitioners and educators. Judith Burdick can be reached by cell at (248) 420-3870 or by e-mail, Judith@psychjrb.com